

TIME TABLE

V 6



IAAF World Challenge

ISTAF-Berlin

30 August 2026

END 17:00h

Deca-/Triathlon Men

100m - Discus - 1500m

National Disciplines

International Disciplines

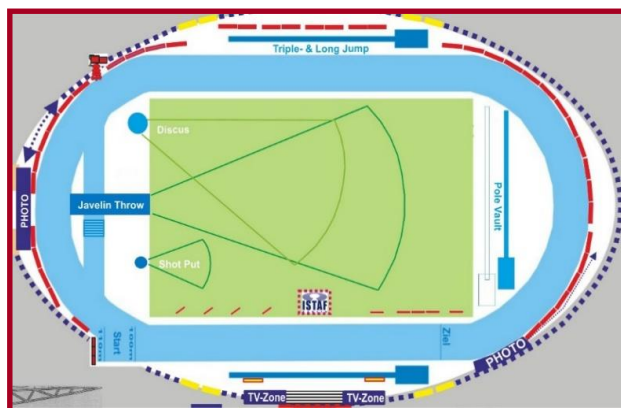
Local Time Berlin/Germany

REGION: FEED 1 (INTEGRATED / TRACK)				
10:45	TRACK		Entrance/Stadionöffnung	FIELD
11:15	50m young talent sprints (4) // 11:15 - 11:20 - 11:25 - 11:30			
11:40	16 x 50m Intermediate School Relay (Heat 1-2) // 11:40 - 11:50			
11:55	INFIELD >>> Introducing Discus			
12:00	16 x 50m Intermediate School Relay (Heat 3) // 12:00		Women	Discus Throw
12:05	INFIELD >>> Introducing Para-Shot Put			
12:10	16 x 50m Intermediate School Relay (Heat 4) // 12.10		M & W	Para-Shot Put
12:20	Mixed	100m Wheelchair & Ceremony		
12:30	Ceremony young talent sprints			
12:40	4x100m Special Olympics Pendulum Relay & Ceremony			
12:50	Introducing 10-TRIATHLON (100m-Discus-1500m)			
12:55	Men	100m (10/1)		
13:05	Women	100m-B		
13:15	Men	100m-B		
13:20	ISTAF-Opening			
13:35	16 x 50m Final School Relay			
13:45	Introducing Pole Vault			
13:50	Ceremony School Relay		Men	Pole Vault
14:00	Start of International TV-Signal (WORLD FEED)			
14:05	Men/U20	"Rudi-Thiel-Mile"	Men	Discus (10/2)
14:15	Introducing Shot Put			
14:20			Women	Shot Put
14:25	Mixed	4x100m		
14:30	Introducing Javelin Throw			
14:40	Women	400mH		
14:45	Introducing Long Jump			
14:55	Men	400mH		
15:10	Women	800m	Men	Javelin Throw
15:25	Men	1500m		
15:30			Women	Long Jump
15:35	Men	100m PARA		
15:40	Ceremonies			
15:45	Start of National TV-Signal (ARD)			
15:50	Women	100mH		
16:00	Men	1500m (10/3) - Gundersen Start		
16:15	Women	2000m SC		
16:35	Men	100m		
16:50	Women	100m		
16:55	Ceremonies			
17:00	End of National & International TV-Signal			
EVS:				SCHWARZ

ISTAF Berlin Disciplines:

Women: 100m // 800m // 2000m SC // 100m Hurdles // 400m Hurdles // Long Jump // Shot Put // Discus // 4x100m Relay mixed

Men: 100m // 100m PARA // 1500m // Mile (U20) // 400m H // Pole Vault // Javelin Throw // Para Shot Put mixed



	1	2.1	2.2	3.1	3.2
	Feed 1	Feed 2.1	Feed 2.2	Feed 3.1	Feed 3.2
11:15	50m [4]				
11:40	school relay [2]				
11:55	Presentation DC				
12:00	school relay [1]		Discus		
12:05	Presentation SP		[women]		
12:10	school relay [1]	PARA-			
12:20	100m wheelchair	[M&W]			
12:30	Ceremony				
12:40	pendulum relay				
12:50	Presentation 10/3				
12:55	100m m (10/1)				
13:05	100m-B w		~13.10		
13:15	100m-B m	~13.15			
13:20	OPENING				
13:35	school relay				
13:45	Presentation PV				
13:50	Ceremony			Pole Vault	
14:00	Start Intern. TV-Signal (WORLD FEED)				
14:05	Mile U20 m		Discus 10/2	[men]	
14:15	Presentation SP		[men]		
14:20		Shot Put			
14:25	4x100m mixed	[women]			
14:30	Presentation LJ		~14.30		
14:40	400mH w				
14:45	Presentation JT				
14:55	400mH m				
15:10	800m w		Javelin		
15:25	1500m m	~15.25	[men]		
15:30					Long Jump
15:35	100m m PARA				[women]
15:40	Ceremony				
15:45	Start of National TV-Signal (ARD)				
15:50	100m H w				
16:00	1500m m (10/3)			~16.15	
16:15	2000m SC w		~16.30		
16:35	100m m				
16:50	100m w				~16.45
16:55	Ceremony				
17:00	End of National & International TV-Signal				
	SCHWARZ	ROT		GOLD	



Draft: as of 15.07.2026