



WORLD CLASS ATHLETICS

**AT OLYMPIC STADIUM BERLIN
03. SEPTEMBER 2023**

WELCOME LETTER



EVERYTHING YOU NEED TO KNOW ABOUT THE HOTEL

Hotel Berlin Köpenick by Leonardo Hotels, Grünauer Straße 1, 12557 Berlin.

In case you have any questions regarding accommodation, please contact our staff members at the Check-in located on the ground floor of the hotel.

Contact person: Isabel Kleefeld [+49 160 255 54 23]

PAY-TV | EXTRAS

If you would like to use the telephone or pay-TV in your hotel room, please leave your credit card details at the front desk. Beverages and food from the mini bar have to be paid by our guests and will not be covered by ISTAF.

HOUSE KEEPING

House keeping won't be on a daily basis. Please make your way to the hotel reception early in the morning if you need your room being cleaned or if you need fresh towels.

CHECK-OUT TIME

Please be aware that the latest check-out time on **departure day is 12pm!** In case you need a late check-out please let the personal at the ISTAF-counter know at least 24h before departure.

ATHLETES' LOUNGE

We offer free beverages and fruits at the hotel lobby. Indoor and outdoor seating available.

OPENING HOURS:

THURSDAY 02:00 pm - 10:00 pm

FRIDAY 09:00 am - 11:00 pm

SATURDAY 09:00 am - 11:00 pm

SUNDAY 09:00 am - 02:00 pm

MEALS

Breakfast, lunch and dinner will be served as a buffet on the ground floor. For access please show your meal voucher. Any additional consumption will be at your own charge. In case you arrive before Friday noon, you can use your voucher to eat à la carte at the hotel restaurant for a total of 21.50 Euro (each meal).

BREAKFAST

Mo-Fr: 6:30am - 10:00am

Saturday: 6:30am - 10:30am

Sunday: 6:30am - 11:00am

LUNCH | FRIDAY & SATURDAY

12:00pm - 3:30pm

LUNCH | SUNDAY

12:00pm - 2:30pm

DINNER | FRIDAY - SUNDAY

6:00pm - 10:00pm

SHUTTLE SERVICES

Our shuttle service can be found on the ground floor in the back-offices.

MANAGER SHUTTLE: Klaus Messerschmidt and Petra Kister (+49 157 373 11 603)

DRINKS

Bottles of water (still and sparkling) and apple spritzer as well as cans of Red Bull will be provided close to the ISTAF-Counter and the Athletes Lounge. **Please make sure to return bottles and cans as there is a deposit system (0,25 EURO per bottle and can) in place in Germany.**

MEDICAL CARE

Our meeting doctor is called Artus Junghans. In case you need medical advice from him, please get in touch with the personnel at the Check-In counter

Physiotherapeutical services will be offered on the first floor at the following times:

THURSDAY 04:00 pm - 09:30 pm

FRIDAY 10:00 am - 09:30 pm

SATURDAY 10:00 am - 09:30 pm

SUNDAY 08:00 am - 08:00 pm

Before you obtain your treatment make sure you have an **appointment**. You can sign up on the list provided in front of the physio room.

PHYSIOTHERAPISTS



UTE SCHWERING
Sports Physical Therapist
Manual Therapist



CLAUDIA HELMSTORF
Sports Physical Therapist
Manual Therapist
Osteopath



RAIMOND IGEL
Sports Physical Therapist
Manual Therapist
Osteopath



MARCO PELZ
Sports Physical Therapist
Manual Therapist

PRACTICE

We offer a shuttle service to the training grounds for all athletes. For planning purposes please sign up in the list provided next to the ISTAF-Counter for each session.

Sportforum Hohenschönhausen (oval track, gym, throwing facilities indoor/outdoor) and

Sportplatz Dörpfeldstrasse (oval track with four lanes)

Please note: There won't be any shuttle-services in between those times.

PRACTICE TIMES

	HOHENSCHÖNHAUSEN travel time approx 30 min		DÖRPFELDSTRASSE travel time approx 5 min	
	Departure	Return	Departure	Return
THURSDAY, AUG 31 ST	3:15PM	6:15PM	9:45AM	12:15PM
			4:15PM	6:45PM
FRIDAY, SEP 1 ST	9:15AM	12:15PM	9:45AM	12:15PM
	3:15PM	7:15PM	4:20PM	7:15PM
SATURDAY, SEP 2 ND	9:15AM	12:15PM	9:45AM	12:15PM
	3:00PM	6:45PM	4:45PM	7:15PM
SUNDAY, SEP 3 RD			9:45AM	12:15PM

LET'S GET SOCIAL!

We are ready to connect with you!



@istaf_berlin



@istaf.de



@istaf_berlin



PAYMENTS

Prize money can only be paid by bank transfer, after a valid invoice has been provided to the ISTAF office. All payments are subject to income tax according to §50a EstG of the German income tax law for foreign athletes as mentioned in the contract.

TRAVEL REIMBURSEMENT:
SATURDAY, SEP 2nd 2023,
2PM – 6PM, FIRST FLOOR

ISTAF, c/o TOP Sportevents GmbH, Hanns-Braun-Straße/Friesenhaus 1, 14053 Berlin

EVERYTHING YOU NEED TO KNOW ABOUT THE COMPETITION

To enter the venue you need your accreditation

CHANGING ROOMS

Changing rooms will be provided in the stadium.

WARM UP AREA

To warm up, you may use the indoor facility in the Olympic Stadium (located close to the marathon gate).

DOPING CONTROL

The NADA will carry out urine doping controls according to the "WA Anti-Doping Regulations" (in force as from 1st January, 2021) and according to the rules on the WA homepage: <https://worldathletics.org/about-iaaf/documents/book-of-rules>.

Please make sure to bring a valid ID for your identification.

COMPETITION CONTROLS

After every competition, selected athletes will be informed to attend the doping procedures.

RECORD CONTROLS

For world or area record a test will be mandatory. In case of a national record a test is only required if it is demanded by the national federation. In this case, the responsibility lies with the athletes or/and officials.

CALL ROOM

All athletes of a specific discipline will enter the arena together by passing through the call room. For detailed information please check the times given in the call room list. The clothing will be checked at the call room. Advertising and displays of promotional nature on clothes and bags worn within the competition area must comply with WA Rule 18 and the WA Regulations accompanying this rule.

If you contravene the WA-Advertising-Rules we are forced to reduce your appearance fees as well as your prize money.

VICTORY CEREMONY

there will be a victory ceremony for all winners of each discipline. The first one will take place at approx. 04:55 pm and the second one at approx. 06:25 pm. **Non-participation at the victory ceremony will cause loss of prize money.**

EQUIPMENT CONTROL

All personal throwing equipment must be checked before entering the call room. We have to inform you that only the certified throwing implements are allowed to use. The athlete must confirm by his/her signature which equipment he/she is using during the competition. You are not allowed to take technical devices such as cell phones/Tablets/Notebooks etc. into the competition area.

ATHLETES' SECTION

Athletes and Coaches/Managers have access to all public stands with their accreditation (except for block R1 and S3). Please make use of free seats.

BIBS CAN BE PICKED UP:

SATURDAY, SEP 2ND 2023

07:00pm – 10:00pm, next to the check-in

SUNDAY, SEP 3RD 2023

from 11:00am, call room (stadium)

MEET THE FANS

Do you want to engage with the fans?! No Problem! We will build a „Fanzone“ where you will have the chance to hand out autographs, take pictures or chat to your fans. The zone will be located opposite the Marathon Gate and you will be able to get there through the infield. Walk on the right hand side next to the LED-Boards until you reach the bridge over to the spectator seats.

